

Maternal Mortality



Definition:

- Maternal mortality means, a mother dying during pregnancy, childbirth, or within 6 weeks after delivery

Main Causes:

- Severe bleeding
- High blood pressure (preeclampsia/eclampsia)
- Infections
- Unsafe abortions
- Complications at delivery

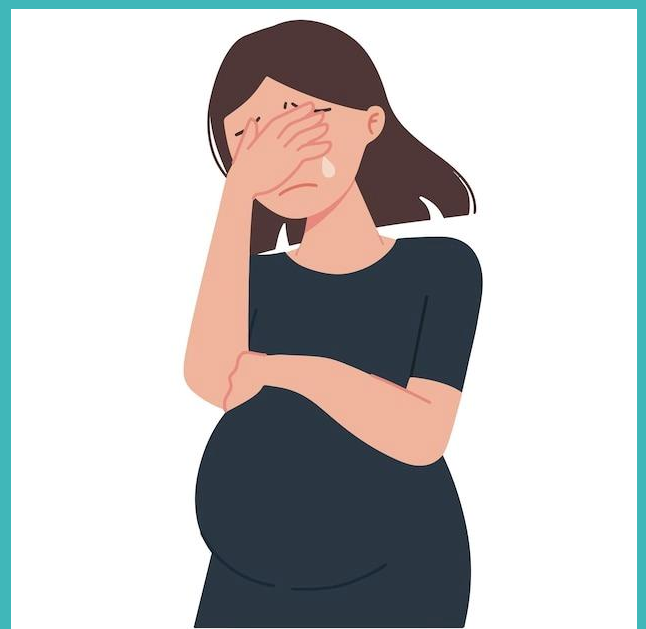


Risk Factors

- Lack of antenatal care
- Teenage pregnancy
- Poverty
- Long distance to health facilities
- Giving birth without skilled health workers

Prevention Measures

- Regular antenatal visits
- Skilled birth attendants
- Proper nutrition
- Family planning
- Timely referrals in emergencies



Why It Matters

- Saving mothers saves families
- Mothers are the backbone of healthy children, families, and communities

LET'S BREAK THE STIGMA!