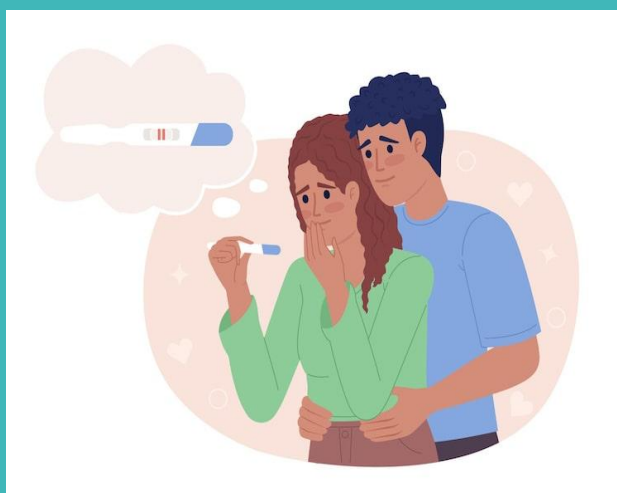


Male Involvement in Maternal Health:



Understanding Male Involvement:

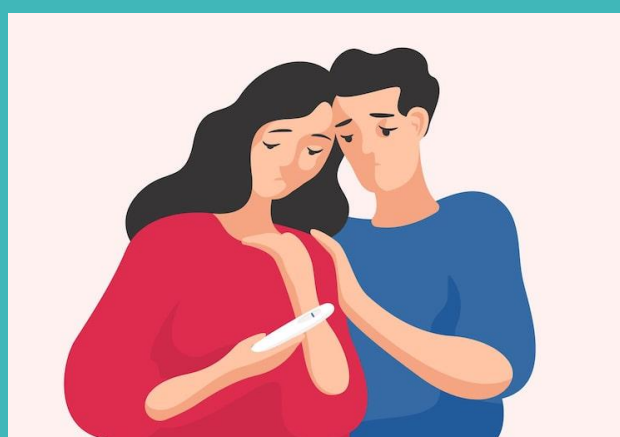
Maternal health is not just a woman's issue, it's a family issue.

When men actively support their partners during pregnancy, childbirth, and after delivery, both mother and baby experience better health outcomes.

Emotional & Physical Support:

A supportive partner makes pregnancy safer and less stressful.

Simple acts such as attending clinic visits, helping with chores, or providing comfort reduces anxiety and promote positive mental health for expectant mothers.



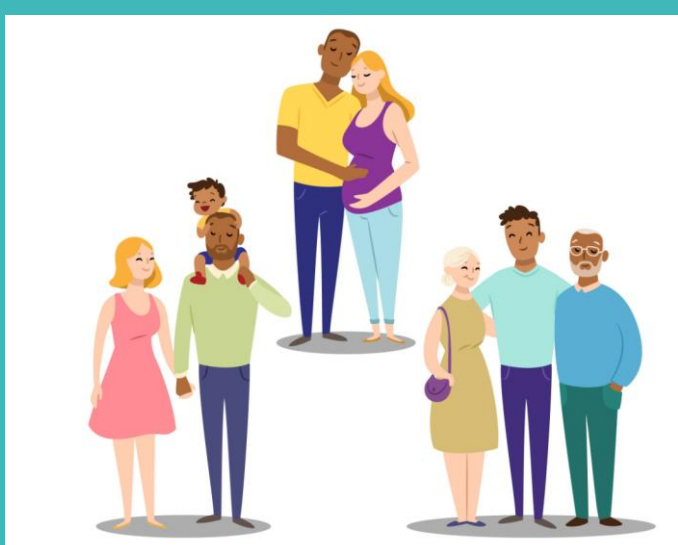
Shared Decision-Making:

Decisions made together save lives. Men who discuss birth plans, nutrition, and family planning with their partners encourage safer deliveries and responsible parenting.



Financial & Practical Preparation:

Planning ahead prevents emergencies. Saving for delivery costs, transport, and baby essentials ensures smooth care before and after birth.



Advocacy & Community Role:

Be a voice for safe motherhood. Men can influence other men, promote antenatal care, discourage harmful practices, and support health education in their communities.

“When men stand with women in maternal health, families stand stronger.”